

JUNIOR GOLFER

Issue 1 • July / August 2011

South Africa



**Pee wee
putting**

**Fun at
Fancourt**

**Driving the greens at
Randpark**

must have stuff • bunker tips • games & dvds

Contents



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on par...

WOW... it has finally happened! After three years of overcoming many bunkers, Junior Golfer South Africa is finally on the green!

As a mother of a junior golfer, it has been my dream to give junior golf in South Africa the voice it deserves. Junior golf is growing at a rapid pace throughout the country. This magazine will target golf enthusiasts between the ages of eight and 18 and will focus on everything the next Ernie or Charl needs to know. To make this possible, the input from all academies, clubs and associations is welcome. Feel free to send as much info on top players, any news and diary dates or other junior golf related info you may have.

The magazine is freely available every second month from various outlets, such as The Golfers Club, Randpark Club, SA Golf Institute, SA Kids Golf, as well as an electronic version.

Thank you to all who have made the launch issue of Junior Golfer South Africa happen...

Here's to the first of many editions to come

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accessorise

Noodle Long & Soft golf balls R9.99 per ball

Adidas golf shoes R599.99

Nike golf shoes R599.99

US Kids and Footjoy gloves R79.99

Swagg shirt R169.99
 Fearless Kids shorts R129.99
 Fleece Altitude top R129.99

Cleveland small junior set (5 – 6 years) R1499.99

Junior must haves

Products available from The Golfers Club www.golfersclub.co.za



hot off the press

Did you know about ... The Ekurhuleni Junior Golf Foundation

The Ekurhuleni Junior Golf Foundation has 150 plus junior members from various clubs on the East Rand including Ebotse, Serengeti, ERPM, Kempton Park, Pollak Park, State Mines, Royal Oak, Benoni Country Club, Delmas and Lake Club Benoni. In a year, about 20 tournaments are played at the abovementioned clubs during public school holidays. Tournaments are usually sponsored by businesses or individuals in the area.

The union is actively providing development and selected players from all ages can attend a development training session held at Serengeti on a monthly basis under tuition from Doug Woods, sport Psychologist Theo Bezuidenhout and fitness guru Garth Milne. The sessions include classroom lectures, actual coaching and exercises. A team will then be chosen to represent Ekurhuleni Juniors at the interprovincial tournament at Leopark Park in Mafikeng in December 2011.

www.egu.co.za/junior.html



YAY Brandwag... for winning a tight high schools golf championship

The Brandwag High School in Uitenhage recently won a tight high schools golf championship. Four schools, Grey, Brandwag, Framesby and Nico Malan, contested the championship that was held over three rounds at three different courses. Each team was represented by four players, with three scores to count in each round.

In the first round (played at a wet and water-logged Uitenhage course) Framesby led by four shots from Grey and were six shots ahead of Brandwag.

The second round was held at St Francis Bay Golf Club on Sunday and after this round, Grey was two shots ahead of Brandwag and three shots ahead of Framesby.

The last round was played in windy and testing conditions at Humewood on Wednesday. The Brandwag team – Vico Kuhn, Ronald Baxter and Quintus Barnard had to play the last round without the fourth member of the team, Jurgens van Onselen, (who unfortunately got sick). These three members of Brandwag then pulled off a stunning win to beat a determined Grey team by only one stroke, with Framesby a further 11 shots behind.

This is the first time that Brandwag has won the championship.

The coach of these four players, Wayne Berry, was very pleased with the final outcome.

Brandwag will represent Eastern Province at the National High School Championships at Mount Edgecombe Golf Course in Kwa-Zulu Natal. These championships will be held on 8 – 9 August.

Send your news to simone@velvetsquare.co.za by 8 August for the Sept / Oct issue

News is published at the editors discretion and on a first-come, first-serve basis. No guarantee will be offered on any editorial being used. Editorial submitted will be edited to the style of Junior Golfer South Africa. Photographs sent must be high resolution.

What's new at SA Kids Golf ...

Twenty-eight of the South African Kids golf members, aged between 5 and 12, qualified to proudly represent South Africa at the prestigious U.S. Kids European Championships, which were held in Scotland from 31 May to 2 June.

The SA Kids Golf organisation hosted their 2011 annual World Qualifying Tournament (WQT) at the Bronkhorstspuit Golf Course in January. The qualifying events were run by the SA Kids Golf Organization (non-profit) who is sanctioned by the U.S. Kids World Championship, Pepsi Little People's Championship, Callaway World Championships and Optimist Junior Golf Championship. This tournament boasts the world's best young golfers upon East Lothian, Scotland, for the prestigious U.S. Kids Golf European Championship.

More than 400 players from 30 nations competed in Europe's premier junior tournament to showcase the next generation of golfing stars. The championship is held on Scotland's historic golf courses in East Lothian, including Gullane, Craigielaw and Longniddry.

Up and coming SA Kids Golf events:
SA Kids Golf invites all interested 5 - 12 year old boys and girls to participate in the following tournament:
17 July - Serengeti Golf Course - Gauteng
Entry forms available www.sakidsgolf.co.za or contact Belinda Stevens 083 597 1014



Two of the SA Kids Golfers who participated in Scotland, enjoying a game at one of the Jubilee Golf Course at St Andrews in Scotland's home of golf.

Well done Thomas Watson ...



Thomas Watson from Fancourt won the 2011 Southern Cape Junior golf championship which was held at Oubaai on 5 June by one shot with scores of 74 and 74 over Xillan Nel from Oubaai who scored 74 and 75. The two players were involved in a titanic battle throughout the day and Thomas only edged ahead on the 36th hole of the tournament.

Christo Carstens was 3rd on 81 and 72. The competition was played in tough weather conditions and strong winds and rain took its toll on the scores achieved by most of the players. Thomas now finds himself in good company as British Open winner. (Louis Oosthuizen, was also twice winner of this event). Thomas only turns 15 years old in July and must be one of the youngest players ever to hold this prestigious title.

The champion in the girls division for 2011 was Chandre Robberts with scores of 87 and 81. Monre May won the B division trophy with a score of 83 and the C division winner was Charisa Lamprecht on 37 points. Other prize winners on the day included Kyle Mason who won best A division net over 36 holes, Robin Meyer am gross, Heinrich Oosthuizen pm gross, Jodi Duminy pm net and Cyril Botha pm net. All the results can be viewed on the junior golf website www.scjgf.co.za.

Southern Cape junior golf says "thank you" to Oubaai Golf Resort for hosting the tournament as well as Kenako Golf & Sports Academy for sponsoring the prizes for the day.

Dainfern hosted Prep School Golf Challenge

On Thursday the 9th June Dainfern Prep hosted the 5th Annual Prep School Golf Challenge. 62 golfers from 10 primary schools attended the day which was played at the Dainfern Country Club. The participating schools were Dainfern College, St Stithians, St Dunstons, St Benedicts, Kyalami, St Davids, Heronbridge, Redhill, Woodhill and Southdowns. The competition was divided into a competitive (handicapped) and non competitive (non handicapped) section and followed the betterball format. Each fourball was accompanied by a marshall who provided the players with assistance where necessary. The emphasis on the day was about all the players enjoying themselves, interacting with boys and girls from the other schools and ensuring the etiquette and good manners synonymous with the game of golf were strictly adhered to. The day started with breakfast and a briefing and culminated in a formal dinner for the players and their parents as well as a brief prize giving. Congratulations to the following prize winners:

Individual Winners (Handicapped)

- 1st) Yen Choo (St Benedicts) • 2nd) Guy Waterhouse (St Davids)
- 3rd) Cameron McMillan (Dainfern)

Team Winners (Handicapped)

- 1st) Matthew McDonald/Cameron McMillan (Dainfern)
- 2nd) Guy Waterhouse/Daniel Frangos (St Davids)
- 3rd) Yen Choo/Fabrizio Teixeira (St Benedicts)

Individual Winners (Non Handicapped)

- 1st) Cameron Kaindl (St Benedicts)
- 2nd) Nick Van Der Meulen (Dainfern)
- 3rd) Brandon Valjalo (Dainfern)



From left to right: Winning team (two ball) – Matthew McDonald and Cameron McMillan from Dainfern College. Behind: Mr Darrel Webb, Principal of Dainfern Preparatory



Winning Individual – Cameron McMillan with Mr Darrel Webb, Principal of Dainfern Preparatory





Driving the greens at randpark

Randpark Club, which is rated as a five-star golf experience by Compleat Golfer, is one of the biggest golf clubs in South Africa boasting two championship courses, Windsor Park and Randpark, which hosted the SA Opens in 1995 and 2000. The club offers top class practice facilities such as a two-tiered, floodlit driving range, a well stocked pro-shop, highly recommended coaching facilities and has something for the whole family.

The club used to be known as the Windsor Park Club and was founded during the late 1940s with only a few holes. At that time there were only 123 members. In 1946 12 holes were played for the first time but it took another two years before the remaining six holes were completed. Windsor Park, which boasts 18 holes designed by the renowned Bob Grimsdell and completed in 1954, is a gem of not one or two, but 18 feature holes characterised by magnificent trees, strategic water features and old-style, traditional, small greens.

Mr. Piet Vosloo, the chairman of Windsor Park Limited, had a vision of building a big golf club to cater for golfers living in the Randburg, Northcliff and Linden areas. The property next to Windsor Park was bought and developed into the second golf course, which today is known as the Randpark course. The course has grown and matured over the years and has undergone a major facelift. In 1990 the greens complexes were completely re-

signed by Golf Data and architect Mark Muller. A number of tees were re-aligned and extended. The championship tees now measure 7050 meters making the course the second longest par 72 golf courses in South Africa. The two courses together boast the best collection of short holes in the country.

Tee off times:
 Summer: 06:45 – 08:37 / 11:30 – 13:08
 Winter: 07:00 – 08:37 / 11:30 – 12:45
 Summer sunrise golf - 9 holes only - affiliated players only. 05:45 to 06:30

BONUS POINTS: The Fairway Hotel and Spa
 This brand new, slick city hotel provides the ultimate destination for golf tournaments, weddings, conferences and leisure guests in a safe and tranquil environment. The R140-million five-star development overlooks the famous Randpark Golf Course and is situated just north east of the clubhouse, on the 1st hole. It has 62 hotel rooms and 14 double-storey Golf Villas, each with four ensuite rooms. So, if mom feels like a pampering spa day while dad and the kids enjoy the golfing facilities... what better place to go to? Tel: 011-478 8000

Why we love: Randpark is a family golfing favourite. We have tried and tested the facilities and highly recommend them!

Junior Programs:
 Martin Whitcher and Darren Witter, both PGA Professionals, offer top class tuition to golfers ranging from beginners to tour playing professionals. They have both received national acclaim from students at every level, as well as from the PGA of South Africa and leading golf publications. The programs offered are personalised and specifically aimed at each individual's level of play.

The Martin Whitcher Future Masters (MWF) program has been in operation since 1988. Currently there are about 70 juniors being coached. The program was designed with the five to fifteen year olds in mind. The clinic is structured over an eight week period (one hour a week) ending with a fun-filled nine hole competition.

The program has recently taken a huge leap forward. Using specialist software designed specifically for the MWF program, parents and instructors can keep track of and monitor the progress in a fun and interactive medium. Individual websites will show the child's golf studio swing analysis to monitor swing changes.

GPS co-ordinate:
 S26°06.862 E27°58.000

Contact Details:
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 Email: randpark@randpark.co.za • Website: www.randpark.co.za

on the course



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Pee wee *golfing*

Instruction: putting

The goal in the game of golf is to get the ball in the hole in the fewest number of strokes. To achieve this you need to putt well.

The putter is a club in your bag that you need to make good friends with.
The putter is the club you will use the most out of all clubs in your bag.

Did you know?

You use your driver a maximum of 14 times in 18 holes...
In 18 holes you usually have four Par 3 (the shorter holes).
But a putter you will use between 30 to 45 times in 18 holes.

Basic putting technique

The grip: Left hand on top, right hand below. Palms are directly opposite each other. (See photo - right)

Posture: Elbows bent out. Bend forward from the hip. Eyes over the ball.

The stroke: Keep your body perfectly still. Use your arms and shoulders to rock your putter backwards and forwards. Hold your follow through for three seconds.

Practice drill: Place five balls in a row three inches apart. Start at the ball closest to the hole and work backwards. (See photo - below)



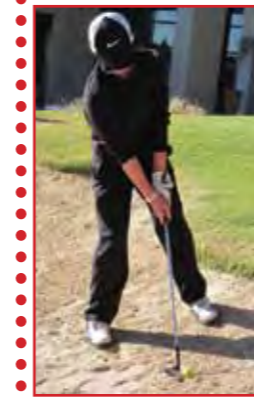
Teen *sensation*

Instruction: bunkers

Sloping lies in a bunker how to:

Sloping lies are not as scary as they seem. You need to adjust your body to the slope, specifically concentrating on your shoulders by positioning them parallel to the slope that you are playing from.

Once you have positioned yourself correctly you can play the bunker shot as you would any other shot. Splash the sand onto the green holding the follow through for three seconds.



Uphill lie:

Due to the nature of this slope this shot will launch the ball higher into the air.

Keynote – be aggressive on this shot.



Downhill lie:

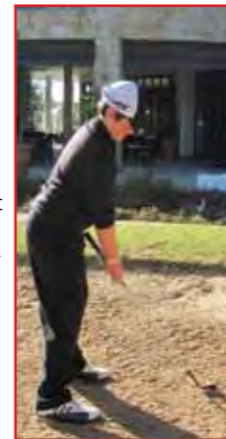
Due to the nature of this slope this shot will come out of the bunker lower and with a lot more run.

Keynote – make sure you have enough green to work with because the ball runs so much.

Ball above the feet:

Because the ball is positioned above your feet - grip the club shorter in order to counter act the effect of the slope.

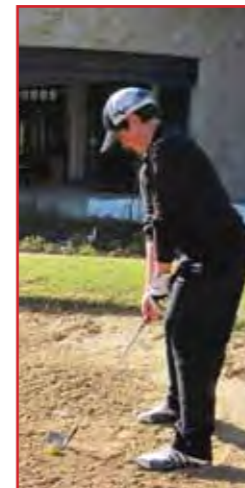
Keynote – you will feel as though you are standing more upright with this slope don't fight it.



Ball below the feet:

When the ball is positioned below your feet – grip the club full length and bend forward from the hips than you normally.

Keynote - try and keep the pronounced end in the hip through out the execution of the shot.



Darren Witter is the head teaching pro at The Martin Whitcher Golf Schools, and has been teaching at Randpark Golf Club for 13 years. He is a PGA golf professional of high standing. Darren has helped many aspiring youngsters turn their dreams of becoming pro into reality and has taught Anton Haig, Anthony Michael and Thomas Aiken.

"I love what I do - there is nothing more rewarding than passing on the knowledge that I have gained in more than 15 years of teaching and watching my pupils reach their goals."

Till next time ...

darren witter

To book your lesson call Darren on 011 476 6172

Golf builds values and virtues in a way that no other sport can, with patience, perseverance, honesty and hard work. Golf is a very social sport and will help your child build new friendships - all of this in the beautiful surrounds of nature at its best....the golf course.

win...

US Kids golf club with training grip and a cap...

Who is the PEE WEE columnist in Junior Golfer South Africa magazine?

Email your name, contact number, age and answer to simone@velvetsquare.co.za before 6 August 2011. Winners will be notified telephonically and listed in the Sept / Oct 2011 issue of the magazine. Terms & conditions apply. Available on request.

If you would like to test any of the US Kids golf equipment go to the Randpark Golf Club driving range – The US Kids official demo centre. To book a FREE custom fitting session call Steven Whitcher @ The Martin Whitcher Pro Shop on 011 476-6172.



Jonathan Dixon

Age: 18
School: St Stithians Boys College
Member at: Bryanston Country Club
Handicap: +1

How old were you when you started playing golf? Eight years old

Who inspired your interest in the game? My dad

Who is your golf idol? Luke Donald

Favourite course ever played? Gary Player Country Club

A KODAK moment: Gumming out of bounds into the car park with a wedge on the 9th at Randpark. On a more positive note, the final shot to the green of my club championships.

How often do you practice and what's your practice routine? Three times a week. I start off with chipping, move onto the range (wedges to driver) and finish with putting.

How do you find balance between the books and the fairways? Make sure your school results are good enough to choose a career outside of golf if necessary. Try to excel in both golf and school.

Goals for your golfing career? To be the best I can be!

Ever met a famous golfer? Lee Westwood through my coach, Robbie Stewart.

Your advice to other juniors
 Always give of your best. Never give up, make sure you are as well practiced as you possibly can be!



Keegan Steyn

Age: 16
School: St Stithians Boys' College
Member at: Dainfern Country Club / Randpark
Handicap: 2

How old were you when you started playing golf? Seven years old

Who inspired your interest in the game? My father, I used to follow him around the course and he taught me golf etiquette from a young age

Who is your golf idol? Luke Donald, because he is humble, competitive, stylish and the most consistent pro on tour

What is your favourite course ever played? Gary Player, because it's challenging but has a superb layout and always in good condition (SICK golf course!)

A KODAK moment: Hahaha it must have been a year and a half ago at the 8th hole at Dainfern Country Club, it is a par 5 dog leg left that goes over water twice. I hit my drive which hooked a bit too much and landed in the water. I dropped another ball at the drop zone and lay up in the middle of the fairway. I had about 165m to the pin which was tucked back right with water in front. I would have taken a bogey, but hit a great shot which took one bounce then trickled into the hole for birdie.

How often do you practice and what's your practice routine? I practice about three times a week, normally an hour on the range starting with a 6 iron with slow, smooth swings (about 100m) just to find rhythm. Then start hitting full shots once I have found my rhythm. Then I spend about 20 minutes working on my short game, then most often play 9 holes with golf mates.

How do you find balance between the books and the fairways? Well I'd much rather play golf, but studies at this moment are more important so I can get sufficient points for university entrance in the near future

Goals for your golfing career? I would like to improve each day, and carry on playing competitively and hopefully turn pro in the near future

Ever met a famous golfer? Yes, I have met Lee Westwood

Starran Mackenzie



Age: 18
School: St Stithians
Member at: Randpark
Handicap: Scratch 0

How old were you when you started playing golf? Five years old

Who inspired your interest in the game? My grandpa

Who is your golf idol? Tiger Woods (just do it) and Ian Poulter because he is very different and knows how to make a statement with his clothing and he has a positive attitude.

What is your favourite course ever played? Durban Country Club

A KODAK moment: It would have to be at Gary Player on the 18th hole at the St Johns golf tournament in 2009 in the final round. The pin was back right over the bunker and I said to my caddy lets go for it and I had 165m to the flag and I hit a 8 iron. There were quite a few people standing around the green and when I hit it I knew I hit it well. I watched it track to the flag and I put it about 10cm from the hole and I was so proud.

How often do you practice and what's your practice routine? Two to three times a week. I normally go to the range for an hour and then putt for an hour and then play a quick 9 hole holes with some school mates.

How do you find balance between the books and the fairways? Um lets put it this way , any opportunity to miss school for golf I would be first in line, but in matric this year its VERY HARD to miss school because you miss out on so much work and its very hard to catch up.

Goals for your golfing career? I would like to try making it on the Sunshine Tour after studying a degree in sports management

Ever met a famous golfer? Luke Donald, Angel Cabrera, Adam Scott and Ernie Els. I would really like to meet Natalie Gulbis as she is very beautiful and has a lot of attitude on the golf course.

Your advice to other juniors
 The most important thing in golf is to have fun and enjoy yourself. Also what you put in is what you get out, so spend some time in the gym and get a golf program that will help you.



Angus Ellis-Cole

Age: 16
School: St Stithians Boy's College
Member at: Roodepoort Country Club
Handicap: +1

How old were you when you started playing golf: I've been playing as long as I can remember.

Who inspired your interest in the game: My dad used to play quite a lot and I just tagged along and so the passion grew.

Your golf idol? At this moment a player like Charl Schwartzel strikes me, he just seems to have all his ducks in a row

Favourite course ever played? The Links at Fancourt

A KODAK moment: It would most probably be the hole-in-one I made this year at Maccauwei during SA Boys.

How often do you practice and what's your practice routine? During summer I don't really get a chance to practice due to cricket, however in winter I try to practice six days a week focusing mainly on short game.

Balance between the books and the fairways? Personally I am able to balance it fairly well, I just try not to fall behind!

Goals for your golfing career? Hopefully go play College Golf in the USA, and from there just see where it takes me.

Ever met a famous golfer? I've met Ernie Els before, he's a really nice guy and an exceptional player



Books & fairways

By David Goodman • St Stithians Boys College

Does St Stithians Boys' College support golfers?

Absolutely. It is now a year-round sport with two practices a week that include professional coaching delivered by Darren Witter at the Randpark Driving Range, nine holes twice a week and a variety of fixtures for each season. The summer season tends to focus on the Central Gauteng Schools League and Saints has a League Squad of about 22 players who compete for 16 weekly places in the four league teams.

It is difficult to find school golf opposition during the winter, so during this time players are encouraged to represent their home clubs in Scratch or Junior League and to compete in the Foundation and Glacier series tournaments. Many of these medal scores contribute to a school stroke average which is one of the team's selection tools and also criteria for school awards such as Colours or Honours awards.

Is golf viewed as a team sport?

There is a view within schools that golf remains an individual sport and cannot provide the same educational and character-building lessons that traditional team sports naturally provide.

This is understandable as there are very few professional team golf events, such as the Ryder Cup or President's Cup. But this perception is gradually changing within St Stithians as every inter-school golfing fixture is a team competition. One must remember that even in sports like rugby or cricket, it is individuals who receive awards such as Colours or Honours, not the team; individual performances often determine the outcome of a game. It is the same in school golf; a brilliant day can win an event for your team in the same way that a poor performance can cost your team a title. This year the Saints First Team will compete in formats such as Betterball Matchplay (Derby against Kearsney College, also the Headmaster's Cup), Combined Stableford (CG League, St John's College Sun City Tournament), Betterball Stableford (Sun City), Combined Medal (Dainfern College Tournament), Foursomes (Headmaster's Cup) – all as part of a team.

Does golf require more time than other sports?

Most school sports are lucky to take place at school and can complete a practice in one or two hours. Not so with golf. Fixtures – even nine holes during the league season – can take up to four/five hours, due to the commute to the golf course, traffic and slow afternoon fields. Practices and nine holes are therefore at least three to four hours long. So golf is a bit like rowing: it requires a significant commitment.

More time-efficient practice strategies would be to spend only an hour at your club and work on your chipping or bunker play or putting, or hit one bucket of balls. Every hour counts and will add to your level of skill and self-belief, so it is not vital to spend entire afternoons on the golf course if you are under pressure to finish school work. If transport is an issue, consider leaving your clubs in a locker at your home club and cycling there and back. This way you will get to practice and improve your fitness!

Is it difficult to play golf and remain up-to-date with school work?

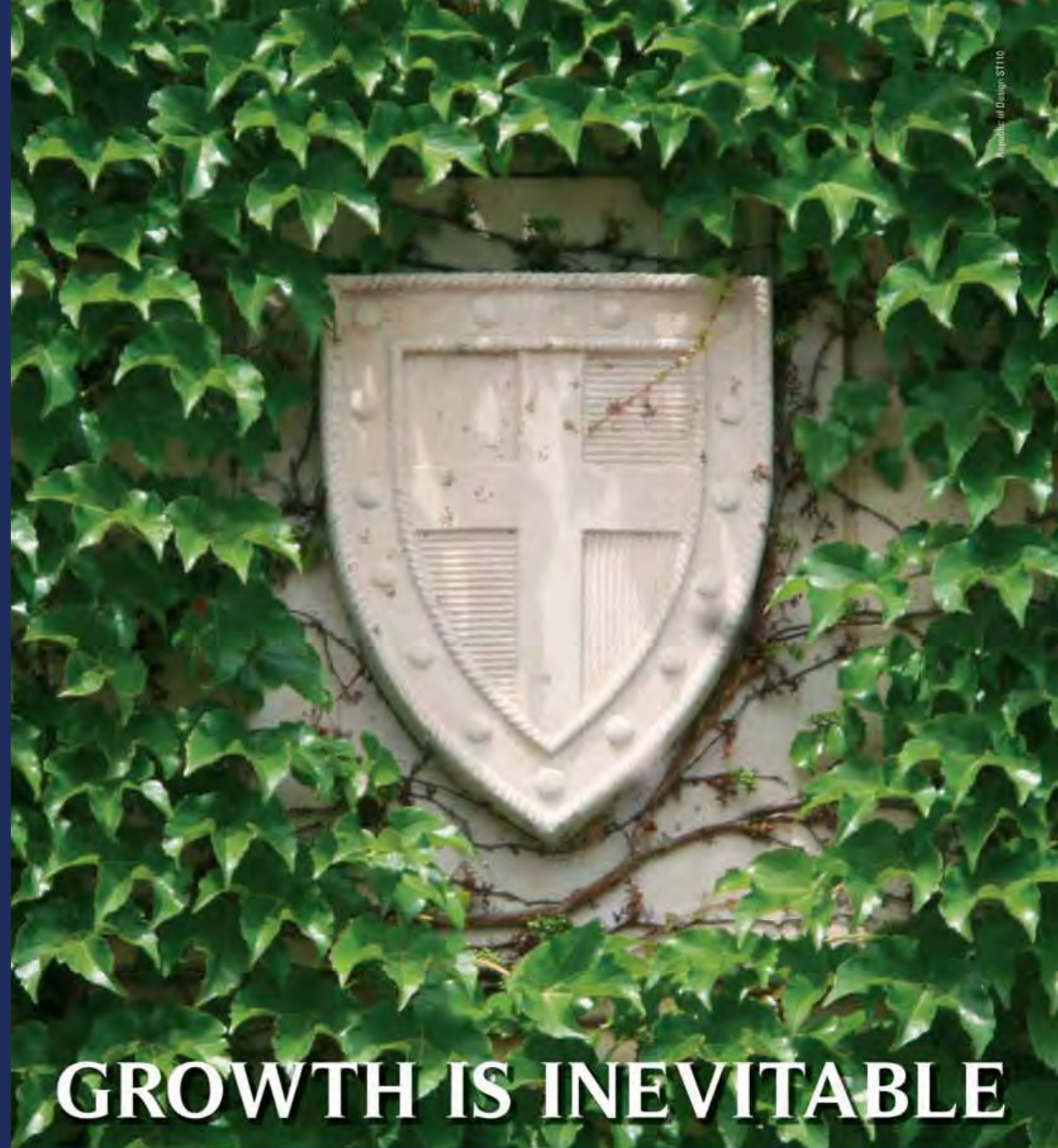
If you are a serious golfer and you are competing in Foundation and National Order of Merit tournaments, amateur events, and so on, it will put a strain on your academics. You have to manage your tournament schedule so that you don't miss too much school consecutively, and you have to commit to doing the work you can while you are away.

If students at Saints provide enough notice (at least one week) and negotiate a workable plan with their teachers, then they are usually allowed to miss school to compete. The thing that schools need to appreciate is that school golf is not sufficiently developed and the majority of significant golf experiences take place under the provincial unions. School holidays are not the same and many players are competing in other provinces as well which further complicates things.

So a good golfer is inevitably going to miss some school and have to learn to cope with the catching up. While Saints is supportive, ultimately academics come first and if a student's marks are not what they should be, the opportunities to play more golf will not be endorsed by the school.

Do you need to study and finish school if you intend becoming a pro?

There are sobering statistics to remind players that it is only the tiniest percentage of players that make a comfortable living playing golf. The top 100 players in the world most likely live quite well, the next 100 can support themselves, and the rest are scraping by or finding other sources of income. In the American college golf scene alone there are thousands of superb golfers who all have the potential and probable goal of turning pro; yet of these, only 10 will actually make it to the PGA or Nationwide Tour. So it goes without saying, completing your education is not a consideration, it is a necessity.



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off to the

Right start

By Lisa Mackenzie



If you are one of the many parents out there who want to get your child into the wonderful game of golf, you need to make sure you are aware of some of the mistakes that can be made along the way. If you are not a golfer yourself, it will make it that much more difficult for you to make the right decisions for your child. Here are two important pieces of advice to ensure the longevity of your child's golf career:

Equipment

In years gone by it was common practice for a young player to be given one of dad's or granddad's old clubs which was cut shorter and they were left to their own devices. This practice is a thing of the past and will only create underlying mistakes that will be hard to rectify in later years. Ensure you get advice from a professional or golf shop in your area. Length and weight in a club is essential for the correct mechanics to start taking shape. A heavy club will force bad body action and inhibit hand action. Most manufacturers now have clubs designed for juniors which take into account average heights based on age. One of the more popular brands is "Little Tiger" which has color coded clubs according to age. They range in price from R550 – R1500 for the set. Sets are designed for age groups 2-4, 5-6, 7-8, 9-10 and 11-13. The US Kids brand is based on the height in inches and you would need to follow the advice of a trained sales person to ensure the correct club is fitted to the child. Other brands available on the market are Wilson, Cobra, Ping and Callaway.

One of the most important starts you can give your child player is to ensure they have the correct equipment. Visit your nearest golf store for expert advice.

Learning

As with the choice of equipment the choice of coach is just as important. Kids learn mostly from seeing what others do and often, as coaches, we see that dad's mistakes have been inherited by junior. Learning the game can start as early as two or three years old as long as the child has the correct equipment and simple motivation: they want to. One of the important points to consider when choosing a teacher is what sort of long term plan they have in place. There are phases of development that every junior will go through and it is therefore important to ensure that a plan is in place. As your child gets older and physically wiser, the golf tasks get harder. Lessons and learning should be fun and interactive so other sports should always be brought into the lesson to encourage the development of all muscle groups and not just the golf muscles. As the child gets older, a more specific golf program can be followed but in the early days encourage more play and less skill.

This will ensure that they are always having fun while learning. Most PGA Professionals follow the "Long Term Athlete Development" program so contact your local professional to find out more.

Lisa Mackenzie is the general manager and golf coaching specialist at Southern African Golf Institute, based at The River Club in Cape Town where she oversees the running of all coaching programs.

Contact: 021 300 0140 or lisa@SAgolfinstitute.com
www.sagolfinstitute.com

From The Golfers Club

Junior golf is booming in South Africa as more and more youngsters take to this great game. As golf equipment retailers, The Golfers Club, which has eight stores countrywide, has done everything to ensure that golfers from as young as two years old can buy top class golf equipment sized to fit their physical specifications. Parents can buy their kids a set of clubs for under R1000 and as they progress can invest further into their golfing careers. Even items such as golf shoes, gloves, caps and junior clothing are as affordable as ever. The Golfers Club has its own in-house line, Fearless Kids junior clubs, which are designed specifically with kids in mind. The graphite shafts are super lightweight and extremely flexible allowing kids to generate the maximum amount of clubhead speed. These sets range from R599 to R1399. All in all, golf is a game that teaches a person patience, honesty and integrity. It's not about how you look but more about how you play - your golf game does the talking and that's why it's the greatest game of all.

For more information contact The Golfers Club on 011 465 9985 (head office) or visit www.golfersclub.co.za



BEN 10 ULTIMATE ALIEN: COSMIC DESTRUCTION

Based on the newest season of the ever popular BEN 10 television series, gamers will take control of Ben Tennyson and up to 17 alien forms as they journey to iconic worldwide locales, including Paris, Tokyo, China and Rome in search of an ancient alien artifact that will help save humanity from a mysterious cosmic storm. Players will hold the power of the all-new Ultimatrix, an upgraded alien watch that transforms Ben into the most powerful, hyper-evolved alien forms ever. All-new ultimate events empower players to defeat bosses through stylised cut scenes and hard-hitting combat interactions, and the upgrade system allows players to enhance their favourite alien character's strength, speed, defense, and special attacks. Completely authentic to Cartoon Network's original television series using voice actors, sounds, and an original storyline, BEN 10 ULTIMATE ALIEN: COSMIC DESTRUCTION offers fast-paced, action adventure gameplay packed with puzzles and challenges that will engage players for hours.

awesome new games

REVIEWS COURTESY OF STER KINEKOR ENTERTAINMENT

DOOD'S BIG ADVENTURE!

Using the power of the uDraw GameTablet™ players can draw, tilt and maneuver their way through 60 different fun and challenging levels. Dood can be customised to roll, float and bounce through challenges by solving drawing related puzzles, collecting coins and defeating enemies in a world created by the user. Players construct not only the hero, but other objects and tools in the game by using drawing skills. Creativity and problem solving skills are the key to victory in DOOD'S BIG ADVENTURE.



KUNG FU PANDA 2

Kung Fu is at risk of being gone forever! In an original story, players are plunged into the video game after the movie ends. At the summons of the Kung Fu Council, comprised of Masters Shifu, Croc and Ox, players must help Po and the Furious Five defeat looting wolves, powerful gorillas and clans of sneaky komodo dragons, all in the name of Kung Fu! Now with four unique game experiences, players must train and save Kung Fu with Po and the Furious Five!

- Play as Po and become a Kung Fu master with the help of the Furious Five!
- All new story adventure with epic battles and new barbaric enemies!
- Engage in physical combat or utilise strategy and problem solving skill



win ...

two copies of KUNG FU PANDA 2

Who must players help Po and the Furious Five defeat?

Email your name, contact number, age and answer to simone@velvetsquare.co.za before 6 August 2011. Winners will be notified telephonically and listed in the Sept / Oct 2011 issue of the magazine. Terms & conditions apply. Available on request.

family fun at fancourt

Situated within 613 hectares of lush countryside on the Garden Route, with the magnificent Outeniqua Mountains as its backdrop, Fancourt is the ideal golf destination, providing a variety of activities and a family adventure for all generations.

Home to three immaculate Gary Player-designed golf courses: Montagu, Outeniqua and The Links; a golf academy with a Taylormade Performance Lab; and state-of-the-art practice and teaching facilities that are backed up by the expertise of PGA professionals, Fancourt is a true golfer's paradise. Other facilities include the spacious club house, and for golfing attire, there are two Pro Shops offering a wide variety of golf clothing, accessories and hardware.

There are two hotels on the estate, including the luxurious new five-star Manor House Boutique Hotel, and choice of three restaurants with breathtaking views of the golf courses, splendid gardens and surrounding mountains.

Families may enjoy the resort facilities which include various swimming pools and tennis courts on the estate, a Kids Club and Teen Zone, as well as a hair salon and mini-cinema. While the children are kept amused, mom and dad may relax and be pampered in truly beautiful surroundings at the Fancourt spa, enjoying an extensive range of beauty treatments and spa therapies, as well as the heated Roman bath and jacuzzi, sauna and steam rooms, tepidarium, and a fully equipped gymnasium.

Making the most of the mild climate and natural beauty of the area, outdoor mountain biking, horse riding, picnics, walks and hikes can be arranged, with easy access to beaches and the warm Indian Ocean.

Sightseeing opportunities are plenty, with the picturesque coastal towns of Knysna, Plettenberg Bay and Mossel Bay within easy driving distance. In addition to all of this, there are numerous national parks and nature reserves offering exciting safari experiences in the area.

During school holidays, Fancourt hosts various events for the whole family, including a bumper Festive Season programme every year. Highlights include open air music picnic concerts with performances by some of South Africa's top bands; as well as Junior Golf Clinics, and Fancourt's famous 'Culinary Countdown' that include Family Spit-braais, as well as an extravagant Christmas Lunch, and exciting New Year's Eve celebrations, to name but a few.

Voted Africa's Leading Golf Resort at the 2009 World Travel Awards, this year The Links at Fancourt was ranked the number one golf course by Golf Digest, South Africa, in recognition of its outstanding design. Fancourt is also proud of the 2011 ranking of

its other two 18-hole courses, with the Montagu course moving up one place from 8th to 7th place, and the Outeniqua course included in the top 20 courses, in 18th place.

Since opening in the early 90's with just 27 Gary Player-designed holes, Fancourt's Outeniqua and Montagu golf courses have matured and developed into two of the finest 18-hole parkland layouts in the country. A round on either is a special experience.

The renowned Links at Fancourt was added in 2000. A prime example of magnificent design and golf-course construction, this championship golf course has been cited as 'the most impressive piece of golf design and construction ever in South Africa'. Framed by the splendour of the Garden Route, one could be forgiven for thinking you are treading the greens on a true Links in the heart of Scotland! Five of the world's most legendary golfers are Honorary Members of The Links at Fancourt: Gary Player, John Bland, Justin Rose, Retief Goosen and Ernie Els.

SPECIAL OFFER

Families who are planning a holiday or a golf weekend on the Garden Route, may wish to make use of Fancourt's value-add Family Package that includes luxury accommodation at the Fancourt Hotel for 2 adults sharing with up to 2 children (under the age of 16), plus full English breakfast and complimentary wireless internet access, at only R1999 per night. (Valid until 31 December 2011).

Contact: Tel 044 804 0000 • www.fancourt.co.za



new dvds

Grab a box of popcorn and cuddle up with family and friends and catch up on the latest dvds ...

REVIEWS COURTESY OF
STER KINEKOR ENTERTAINMENT



GNOMEO & JULIET: (06 July 2011 – rental date)
The greatest love story ever told, starring...garden gnomes? In "Gnomeo & Juliet," Shakespeare's revered tale gets a comical, Off-the-wall makeover. Directed by Kelly Asbury (co-director of "Shrek 2") and showcasing both classic and original songs by Elton John, the film features the voices of James McAvoy and Emily Blunt as Gnomeo and Juliet, who have as many obstacles to overcome as their quasi namesakes when they are caught up in a feud between neighbors. But with plastic pink flamingos and thrilling lawnmower races in the mix, can this young couple find a happy ending. PGV. 81 min

HULK VS THOR & HULK VS WOLVERINE:
(30 May 2011 – rental date)
Two stories featuring Marvel's anti-hero The Incredible Hulk and his encounters with the X-Man Wolverine and the god known as Thor. 13PGVL. 79 min



golf word search

COMPILED BY DORINDA BARNARD

T	F	B	N	G	P	U	T	T	Q	N	H	H	S	H
O	S	U	K	O	I	J	G	T	L	R	S	D	A	A
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- | | | |
|-------|--------|------------|
| Golf | Bucket | Iron |
| Putt | Par | Tournament |
| Cart | Tee | Hole |
| Glove | Divot | Rough |
| Range | PGA | Flag |



Fashion fundi above par

Elana Afrika is a South African radio and television presenter. She presented many shows on DSTV. She currently works for MNET and Supersport and hosts a weekly radio spot on KFM 94.5. Elana regularly travels between Johannesburg and Cape Town, even though Cape Town is her home town. *Junior Golfer South Africa* speaks to Elana about her passion for golf.

Why golf? I love fast cars! This year I drive a Kia. I love boxing. I have taken it up as my sport before. I love being outdoors and have dived Bloukrans...My next challenge was golf. Last year I worked with Gary Player and when I announced at prize giving that I will be playing the course this year instead of making announcements and hosting, he roared with laughter! That motivated me to be the best golfer that I can be!

Your coach? My coach, Darren, is the best. Really. I have seen him work with children, and when I saw his patience and ability to communicate with even the smallest person, I knew he would get through to even me! We have achieved a lot so far and I have to say, he is very patient through my busy schedule.

Your Club? I am an honorary member at Randpark. I own the mascot, Bheki, the cutest dog (he is not really mine; I have just taken ownership because he is so cute). When I arrive in the morning people greet me with friendly smiles and the kitchen staff know I order my meal first, then go to the driving range, and so they have my food waiting for me when I get back to the restaurant. They are amazing. Also, you have to visit the spa here, but that's not golf...and a chat for another day!

What does golf do for you? It gives me the biggest rush ever. When I hit a good shot, I do a little dance. So I have been dancing a lot! It's where I clear my head. It's my "ahah" moment.

Fashion on the greens? How could I miss this one? Our Pro Shop sold me the most serious golf shoes ever. I have to say, my previous ones were pink, and not really the right thing for a respectable golfer. I have been approached by a few brands, but I only wear what I believe in. Cutter and Buck rocks. I wear their shorts, skorts and tops and ...no, they don't have to match ALL the time!

A KODAK moment? When I play with Mr big. Let me explain. Mr Big is a driver that belongs to my coach. When I hear the sound of that and see that little white ball flying...my smile gets even bigger! It's more than a KODAK moment...I build memories that last!

Ever met a famous golfer? Yeah, many. Retief Goosen, Gary Player, James Kamte, Lee-anne Pace...and Elana Afrika :)

Your advice to junior players?
You have to practice with a smile. Have a goal. Follow through and don't give up!

Elana's Motto:
Stop wishing for joy and a perfect life... its been there all the time.



It's all in the **DRIVE**

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